

About you

Full Name .....

Contact Number .....

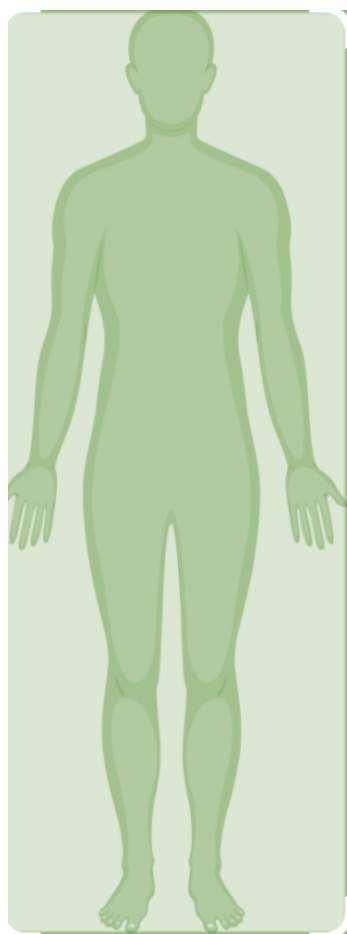
Email Address .....

When (roughly) was your last visit in our Gaucher clinic?  
..... / First time

Primary care physician (name and contact) .....

**Welcome to our Gaucher clinic!**  
To make your visit as smooth and helpful as possible, we kindly ask you to fill out this form. Please provide as much detailed information as you can, although it is completely fine if you don't have all the answers. If needed, a caregiver can assist you in answering the questions. You will be able to share this form during your visit.  
Thank you!

Your symptoms



Did you have any **pain** episodes since your last visit or in the last six months?

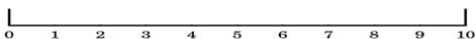
Yes  No

If yes, please

- circle the part(s) of the body that was/were painful and
- Rate, in the circle, how it impacted daily life from 1 to 10 (1: 'not', 10: devastating pain, 'couldn't do anything')

Do you experience **fatigue** that you can't explain yourself?  Yes  No

If yes:

• Please rate it from 1 to 10   
(1: no fatigue, 10: extreme fatigue, 'often, with disabling impact')

- How often do you experience fatigue?  
 Virtually continuously       Once a week       Once a month  
 Once in 2 weeks       More than once a month

- Do you think your **fatigue** may be Gaucher-related?  
 Not at all    Rarely    Sometimes    Often    All the time

- If your Gaucher is being treated, do you think your **fatigue** is related to the timing of the treatment?

No    After the infusion    Before the timing of the next infusion    Other

Did you have any **bleeding** episodes (for example, nose/mouth bleed, bruises, prolonged bleeding after tooth extraction, etc.) since the last visit?  Yes  No

If yes, please describe (where the bleeding was from, the type of bleeding, how long it lasted, did it require intervention, etc.)

.....  
.....

**Treatment**

Are you currently receiving **medication for Gaucher disease**?  Yes  No

If yes,

- Please describe below (type, dose, frequency, location (at home / \_\_\_\_\_ km from home), home nurse? self-infusion? use of a central venous catheter, etc.)

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.....

.....

• Are you comfortable with your current treatment for Gaucher disease?  Yes  No

• Do you have side effects related to your treatment for Gaucher disease? If yes, please describe below.

Are you currently receiving **non-Gaucher medication/other treatments, such as physical therapy, nutritional follow-up, vitamins, dietary supplements, psychological support, vaccination, alternative therapy, etc. ?**  Yes  No

If yes, please provide details, including indication, name, dose, and frequency.

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**Wellbeing**

Do you suffer from **insomnia**?  Yes  No Do you feel **anxious**?  Yes  No

Do you have **constipation**?  Yes  No Do you feel **depressed**?  Yes  No

Do you have erectile **dysfunction**?  Yes  No Do you have **memory** problems?  Yes  No

Do you have urinary **dysfunction**?  Yes  No

Do you have problems with your sense of smell?  Yes  No Do you have **dental** problems?  Yes  No

If you answered yes to any of the questions above, please tell us more:

.....

.....

.....

Do you **exercise**?  Yes  No What types of **exercise(s)** do you do, at least weekly?

- Gym class  Gym- Individual  Sport - individual  Sport-team  Run  Swim  Yoga-Pilates  Walk  Other

Are you **allergic** to anything?  Yes  No If yes, please provide details

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How is your mental health/well-being? **Does the Gaucher disease affect** your daily life ( your work/school/ meeting others/doing what makes you happy)?

.....

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**Additional points**

Do you have other medical problems you want to discuss during your visit?

.....

Is there anything else/concerns you want to share/ask/discuss during your visit?

.....

What would you like to get from your visit?

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